Cost Containment
The New Era in Healthcare

What it means.
Cost containment is the practice of managing expenses to reduce costs and meet financial goals. Achieving it requires more data, more flexibility, and a modern approach.

The problem with the old plan?
It lacks responsive course correction. Plans are implemented a year after an issue surfaces. It’s nearly impossible to create accountability for rising healthcare costs.

How do you achieve a more enlightened plan of cost containment?
Start with an agile plan design that ties together systems, reporting, communications, and analytics. These will give you insights to determine your plan’s strengths and weaknesses.
Cost Containment Provides New Opportunities

**Reduces Risk**
Risk stratification prioritizes care to the relative health risk of employees, enabling a targeted allocation of resources to the highest risk employees to improve outcomes.

**Provides Ease to Differ**
Differentiating healthcare service providers based on performance targets, efficient use of resources, and accountability of patient outcomes delivers the highest value.

**Offers Resources to Promote Healthy Living**
Increased member engagement is achieved via personal portals, e-learning, and biometrics that promote wise health choices.

**Expands Member Accountability**
Value-based contracting and purchasing emphasizes quality and outcomes, while increasing accountability.

These powerful strategies influence cost containment faster than at any time in recent history.

**Creative. Experienced. Engaged. Responsive.**

That’s the Alliant difference.